

GLUTEN-FRIENDLY MENU



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Nutrition information is updated when new data is received from our suppliers. Due to this reason, calories on the print menu may differ from online information. The online information is the most up to date.

MENU ITEMS VARY BY LOCATION AND ARE SUBJECT TO CHANGE.

ALL SOFT DRINKS, DISTILLED SPIRITS AND WINES ARE GLUTEN-FRIENDLY.

Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-friendly menu item.

FDA regulations defines "gluten-free" as containing less than 20ppm gluten. It is possible that some individuals may be sensitive to levels below this amount. If you have any concerns pertaining to those levels, please consult your healthcare provider.

* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS OR DEATH, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

☞ *Item contains or may contain nuts.*

AUSSIE-TIZERS®

GRILLED SHRIMP ON THE BARBIE

seasoned, grilled, garlic toast, classic rémoulade sauce (450 Calories) *(served without garlic toast)*

BIG BOWL SALADS

GLUTEN-FRIENDLY SALADS PREPARED WITHOUT CROUTONS

AUSSIE COBB SALAD*

mixed greens, tomatoes, bacon, Monterey Jack, Cheddar, chopped hard-boiled eggs, with choice of grilled chicken, grilled shrimp, steak or salmon and choice of gluten-friendly dressing (470-940 Calories)

FRESH SYDNEY SALAD*

fresh mixed greens, arugula, cucumbers, tomatoes, bacon, pepitas, Blue Cheese crumbles, balsamic glaze with choice of grilled chicken, grilled shrimp, steak or salmon and choice of gluten-friendly dressing (330-800 Calories)

GLUTEN-FRIENDLY DRESSINGS

BLUE CHEESE VINAIGRETTE (150/300 Calories)

RANCH (200/390 Calories)

CAESAR (220/450 Calories)

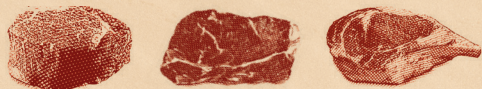
HONEY MUSTARD (220/430 Calories)

TANGY TOMATO (60/120 Calories)

CREAMY BLUE CHEESE (220/440 Calories)

LIGHT BALSAMIC VINAIGRETTE (70/140 Calories)

MUSTARD VINAIGRETTE (230/470 Calories)



SO MANY WAYS TO STEAK

CHOICE OF TWO SIDES

VICTORIA'S BARREL-CUT FILET MIGNON*

(480-580 Calories)

OUTBACK CENTER-CUT SIRLOIN*

(420-660 Calories)

ROCKHAMPTON RIBEYE* (950 Calories)

MELBOURNE PORTERHOUSE* (980 Calories)

BONE-IN RIBEYE* (1070 Calories)

PRIME RIB* *served without Au Jus*

(1070 Calories)

STEAK ADD ONS

ADD ON A TOPPING TO ENHANCE YOUR JUICY STEAK

GRILLED ONIONS (35 Calories)

ROASTED GARLIC BUTTER (160 Calories)

GRILLED SHRIMP (540 Calories)

STEAMED LOBSTER TAIL

based on availability (360 Calories)

STEAK 'N MATE COMBOS

CHOICE OF TWO SIDES

SIRLOIN* & GRILLED SHRIMP (1070/1180 Calories)

SIRLOIN* & GRILLED CHICKEN (770/830 Calories)

SIRLOIN* & ALICE SPRINGS CHICKEN®

(1090/1200 Calories)

ROCKHAMPTON RIBEYE* & GRILLED SHRIMP

(1400-1600 Calories)

FILET MIGNON* & LOBSTER (840 Calories)

CHICKEN & RIBS

CHOICE OF TWO SIDES

GRILLED CHICKEN ON THE BARBIE

seasoned, grilled, signature BBQ sauce (520 Calories)

ALICE SPRINGS CHICKEN®

grilled chicken breast, sautéed mushrooms, crisp bacon, Monterey Jack, Cheddar, honey mustard sauce (1270 Calories)

OUTBACK RIBS

smoked, brushed, grilled, tangy BBQ sauce
Full Rack (1430 Calories) | 1/2 Rack (720 Calories)

BRICK CHICKEN

skin-on chicken breast, creamy lemon butter sauce, fresh rosemary (820 Calories)

FROM THE REEF

CHOICE OF TWO SIDES

PERFECTLY GRILLED SALMON*

seasoned and grilled, classic rémoulade sauce (660 Calories)

HOOLEY DOOLEY GRILLED SHRIMP

grilled jumbo prawns (shrimp), garlic butter (820 Calories)

STEAKHOUSE POTATOES & SIDES

HOMESTYLE MASHED POTATOES (230 Calories)

BAKED POTATO (340 Calories)

sour cream, butter, bacon, Monterey Jack, Cheddar, chives

SWEET POTATO (250 Calories) *honey butter, brown sugar*

FRESH SEASONAL VEGGIE (100-140 Calories)

ASPARAGUS (130 Calories)

TASMANIAN CHILI (200 Calories)

HOUSE SALAD (180-410 Calories)

made without croutons, choice of gluten-friendly dressing

CAESAR SALAD (260 Calories)

caesar dressing

made without croutons

SWEET FINISH (FOR YOU OR THE TABLE)

CHOCOLATE THUNDER FROM DOWN UNDER®☞

extra-generous pecan brownie, rich vanilla ice cream, warm chocolate sauce, chocolate shavings, whipped cream (800 Calories)

OUTBACK
STEAKHOUSE®

NO RULES. JUST RIGHT.